Courtenay Harding, Ph.D.

Courtenay M. Harding, Ph.D., recently retired as a professor in the department of psychiatry at the College of Physicians and Surgeons of Columbia University. She was trained at the University of Vermont and Yale. She also just retired as the director of the Center for Rehabilitation and Recovery at the Coalition of Behavioral Health Agencies in NYC.

Among her research endeavors, Dr. Harding participated in two three-decade National Institute of Mental Health studies of schizophrenia and other serious illnesses and found that many once profoundly disabled persons could and did significantly improve and/or even fully recover. These findings, similar to nine other long-term studies from across the world, helped to create the Institute for the Study of Human Resilience in order to investigate ways in which people reclaimed their lives including getting back to work.

To date, she has received 52 federal, state, and foundation grants and contracts for schizophrenia research and studies of mental health services. She has been the recipient of over 46 awards and honors including the Alexander Gralnick Research Investigator Award from the American Psychological Association’s foundation for “exceptional contributions to the study of schizophrenia and other serious mental illness and for mentoring a new generation of researchers”.

SUE ESTROFF, PH. D.

Sue E. Estroff, Ph.D. is Professor in the Department of Social Medicine, School of Medicine, and research professor in the departments of Anthropology and Psychiatry, University of North Carolina at Chapel Hill. B.A., Duke University, magna cum laude, 1972; Ph.D., University of Wisconsin-Madison, 1978 (Anthropology); Post Doctoral Fellow in Psychiatry, University of Wisconsin-Madison 1978-1981. She joined the UNC faculty in 1982, and was Chair of the Faculty from 2000-03.

She is past president of the Society for Medical Anthropology, and has been a visiting professor/lecturer at the University of Ulm, Germany, University of Toronto, and Tokyo University. Research areas: individuals with chronic illness and disabilities; cultural approaches to psychosis; sociocultural factors that influence the course of psychiatric disorders; disability income policy and practice; illness narratives; moral reasoning and the production of knowledge in qualitative scholarship; reconsidering the association of violence with persons with psychiatric disorders; and complexities of consent in maternal fetal surgery.

Estroff teaches medical students, supervises dissertators in the Department of Anthropology, serves on thesis committees across campus, and teaches graduate seminars in methods and ethics. She is a co-editor of The Social Medicine Reader and the second edition of the Reader, and is a member of the mental health services in specialty mental health settings review committee at NIMH.

Recovery:
How Clinical Practices and Mental Health Policy Can Contribute

September 24, 2013 8:30 a.m. – 12:00 p.m.

Courtenay Harding, Ph. D. and Sue Estroff, Ph. D.
Symposium Overview

As is clear from their bios, Sue Estroff and Courtenay Harding each have robust careers in the field of mental health research. Their research findings have, and continue to, change the way we approach mental health care today. During this three-hour symposium Dr. Estroff and Dr. Harding will address policy, personnel, funding, organizational, ethical, and clinical challenges faced by decision makers when trying to incorporate a recovery model into the system of care. A large portion of time will be given to discussing the unique challenges faced by each individual policy or decision maker. Questions from the audience will be welcomed.

Dr. Harding will discuss factors that influence the rate of adoption from the system viewpoint including State budget and funding decisions. She will provide an example of how New York State figured out a way to implement a comprehensive recovery program for people using the Medicaid Rehab Option. In addition, she will provide a brief glimpse of the situation from the agencies’ point of view.

Dr. Estroff will provide a review of research on outcomes and policies that address what consumers want and need to support recoveries, and the clinical, ethical, personnel, and policy innovations and challenges for providers as partners in the process. She will focus on developing and sustaining therapeutic relationships as central to the recovery enterprise.

SCHEDULE

8:30 – 9:00  Registration
9:00 – 10:30  Section I
   Riding the Rollercoaster: Overcoming Organizational and Economic Barriers in Implementing Public Sector Recovery Programs
10:30 – 10:45  Break
10:45 – 12:00  Section II
   Means and Ends: Getting to Consumer Centered and Provider Sustaining Services

OBJECTIVES

- To critically review and summarize the current status of research and practice in relationship to recoveries and recovery enhancing services
- To apply this information to the challenges and resources identified by participants
- To address personnel, funding, organizational, ethical, and clinical challenges identified by the participants

Continuing Education:
2.45 Hours of CE credit for Counselors and Social Workers has been approved by the CSWMFT Board. MHRB provider #RCS051305.

Workshop Date and Place:
September 24, 2013
Hawkins – Conard Student Center at Ashland University
401 College Ave.
Ashland, Ohio 44805
See building 28 on the Campus Map at http://www.ashland.edu/campus-map
Also see map for parking options

SIGN UP FORM

Name

Address

Agency

Phone

Email

Need CEUs? Please indicate Counselor or Social Worker.

Cost: $15

Mental Health and Recovery Board of Ashland County
1605 County Road 1095
Ashland, Ohio 44805

Questions? Call Kelly Daniels at (419) 281-3139

Please fill out the above form and return with payment by September 16th (checks can be made payable to Mental Health and Recovery Board) to: