CENTER FOR EVIDENCE-BASED PRACTICES

at Case Western Reserve University

A partnership between the Jack, Joseph and Morton Mandel School of Applied Social Sciences & Department of Psychiatry at the Case Western Reserve School of Medicine

www.centerforebp.case.edu
A Technical-Assistance Center

Providing consultation, training, and evaluation for the implementation of integrated behavioral healthcare services
Service innovations for people with mental illness, substance use disorders

- SAMI
  - SUBSTANCE ABUSE & MENTAL ILLNESS strategies for co-occurring disorders
- IDDT
  - INTEGRATED DUAL DISORDER TREATMENT the evidence-based practice
- DDCAT
  - DUAL DIAGNOSIS CAPABILITY IN ADDICTION TREATMENT an organizational assessment & planning tool
- DDCMHT
  - DUAL DIAGNOSIS CAPABILITY IN MENTAL-HEALTH TREATMENT an organizational assessment & planning tool
- ACT
  - ASSERTIVE COMMUNITY TREATMENT the evidence-based practice
- MI
  - MOTIVATIONAL INTERVIEWING the evidence-based practice
- SE/IPS
  - SUPPORTED EMPLOYMENT/INDIVIDUAL PLACEMENT & SUPPORT the evidence-based practice
- IPBH
  - INTEGRATED PRIMARY & BEHAVIORAL HEALTHCARE
- TRAC
  - TOBACCO: RECOVERY ACROSS THE CONTINUUM a stage-based motivational model
Developing an ACT Team

ACT Implementation Guide

ACT Implementation Milestones

- Preparation
- 0-3 months
- 3-6 months
- 6-9 months
- 9-12 months
Developing an ACT Team

0-3 months
Assemble Internal Leadership Work Team
• CEO
• Directors (clinical, program, medical)
• Decision makers
Developing an ACT Team

Establish Eligibility Criteria

- Model criteria
- State standards
- Payer (Medicaid, MCO)
- Consider special populations
- Discharge criteria
ODM ACT Eligibility Criteria

(F) A Medicaid recipient is eligible to receive ACT when all of the following are met:

1. Diagnosis
2. SSI/SSDI Determination or ANSA
3. Institutional use
4. Other functioning indicators
5. 18 or older

DRAFT OAC 5160-27-04: Mental Health Assertive Community Treatment Service (April, 2017).
F.1. Diagnosis

- Schizophrenia spectrum
- Bipolar spectrum
- Major Depressive Disorder with Psychosis
F.2. SSI/SSDI Determination or ANSA

A. SSI/SSDI Determination, or

B. Adult Needs & Strengths Assessment (ANSA)

• Two or greater on at least one of the items:
  o Mental Health Needs or
  o Risk Behaviors

• Or a score of three on at least one of the items in the Life Domain Function section
F.2. Adult Needs and Strengths Assessment (ANSA)

0 = no evidence
1 = history, watch/prevent
2 = moderate; causing problems; act
3 = severe; causing severe / dangerous problems; act immediately

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<th>LIFE DOMAIN FUNCTIONING</th>
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F.2. Adult Needs and Strengths Assessment (ANSA)

Certification information/instructions:

https://praedfoundation.org/training-and-certification/

To create an account and complete the training:

http://www.tcomtraining.com/
F.3. Institutional use – 1 or more

a) Two or more admissions to a psychiatric inpatient hospital setting during the past twelve months \textit{or},

b) Two or more occasions of utilizing psychiatric emergency services during the past twelve months \textit{or},

DRAFT OAC 5160-27-04: Mental Health Assertive Community Treatment Service (April, 2017).
F.3. Institutional use – 1 or more (cont.)

c) Significant difficulty meeting basic survival needs within the last 24 months or,

d) History within the past two years of criminal justice involvement including but not limited to arrest, incarceration, or probation
F.4. Other functional indicators – 1 or more

a) Persistent or recurrent severe psychiatric symptoms \textit{or},

b) Coexisting substance use disorder of more than six month in duration \textit{or},

c) Residing in an inpatient or supervised residence, but clinically assessed to be able to live in a more independent living situation if intensive services are provided \textit{or},
F.4. Other functional indicators – 1 or more (cont.)

d) At risk of psychiatric hospitalization, institutional or supervised residential placement if more intensive services are not available or,

e) Has been unsuccessful in using traditional office-based outpatient services
F.5. Age

18 or older
Developing an ACT Team

Establish Referral and Admission Protocol

• Referral process
• Decision process (who, how)
• Response time
• Admission process (timeline, introductions assessments)
Developing an ACT Team

Identify and Engage Clients

• Educate referral sources
• Kick off
• Develop brochure
Developing an ACT Team

Secure Team Space and Equipment

• Arrange according to model
• Meeting space (tools)
• Laptops (field connection)
• Phones
• Auto(s)
Developing an ACT Team

Establish ACT Daily Meeting

• Attendance and participation
• Communication protocol
• Meeting forms (i.e. Daily staff schedule)
• Develop agenda (team input)
  - entire caseload, last 24, next 24
• Establishing culture
Developing an ACT Team

Develop and Initiate Supervision Structure
• Individual supervision
• How often
• Field mentoring
• Supervision style
• Make it useful
Developing an ACT Team

Develop Safety Protocol

• Pro-active
• Co-staffing
• Judgement call vs. Do’s and Don'ts
• Giving staff “permission” to put safety first
Developing an ACT Team

Establish Team Goals

- Team input
- Refer to eligibility criteria
- Process to monitor and report
Developing an ACT Team

Initiate ACT Comprehensive Assessment and Treatment Planning Processes

- What
- When
- How
- Where
Join Our Mailing List

create account | sign in

Get connected to ...
- Training events
- Educational resources
- Consulting resources
- Evaluation resources
  (fidelity & outcomes)
- Professional peer-networks

www.centerforebp.case.edu
Events & Stories

- Training events & online registration
- News about us and our collaborators
- Recovery stories told by consumers, family members, service providers, employers
Contact Us

Patrick E. Boyle, PhD, LISW-S, LICDC, Director of Implementation Services

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patrick.boyle@case.edu
Our Mission

The Center for Evidence-Based Practices at Case Western Reserve University is a technical-assistance organization that promotes knowledge development and the implementation of evidence-based practices (EBPs) for the treatment and recovery of people diagnosed with mental illness or co-occurring mental illness and substance use disorders.

Our technical-assistance services include the following:

- Service-systems consultation
- Program consultation
- Clinical consultation
- Training and education
- Program evaluation (fidelity & outcomes)
- Professional peer-networks
- Research