

## Substance Abuse Treatment Scale

**Instructions:** This scale is for assessing a person's stage of substance abuse treatment, not for determining diagnosis. The reporting interval is the last 6 months. If the person is in an institution, the reporting interval is the time period prior to institutionalization.

- 1. Pre-engagement.** The person does not have contact with a case manager, mental health counselor or substance abuse counselor, and meets criteria for substance abuse or dependence.
- 2. Engagement.** The client has had only irregular contact with an assigned case manager or counselor, and meets criteria for substance abuse or dependence.
- 3. Early Persuasion.** The client has regular contacts with a case manager or counselor, continues to use the same amount of substances or has reduced substance use for less than 2 weeks, and meets criteria for substance abuse or dependence.
- 4. Late Persuasion.** The client has regular contacts with a case manager or counselor, shows evidence of reduction in use for the past 2-4 weeks (fewer substances, smaller quantities, or both), but still meets criteria for substance abuse or dependence.
- 5. Early Active Treatment.** The client is engaged in treatment and has reduced substance use for more than the past month, but still meets criteria for substance abuse or dependence during this period of reduction.
- 6. Late Active Treatment.** The person is engaged in treatment and has not met criteria for substance abuse or dependence for the past 1-5 months.
- 7. Relapse Prevention.** The client is engaged in treatment and has not met criteria for substance abuse or dependence for the past 6-12 months.
- 8. In Remission or Recovery.** The client has not met criteria for substance abuse or dependence for more than the past year.