SBIRT: Screening, Brief Intervention, and Referral to Treatment

ZONE I: Low Risk/Healthy
[For ALCOHOL only]
1. Reinforce healthy behavior
2. Brief Education
3. Feedback

ZONE II: Risky
[For Alcohol and/or Drug use]
1. Brief Intervention (FRAMES)*
2. Monitor progress

ZONE III: Harmful
[For Alcohol and/or Drug use]
1. Brief Intervention (FRAMES)*
2. Brief Treatment**
3. Monitor progress

ZONE IV: Dependent
[For Alcohol and/or Drug use]
1. Brief Intervention (FRAMES)*
2. Brief Treatment**
3. Referral to Specialty Tx
4. Monitor progress

Brief Intervention (FRAMES):
Feedback: impact of use on health
Responsibility: for change is patient’s
Advice: based on medical concern
Menu: of options for change
Empathy: don’t judge/be kind
Self-efficacy: patients CAN change

1. MA Pends Referral for Alcohol/Drug Counseling (9068) Provider signs referral or removes it
2. Warm handoff (to RN or BH)

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2. Warm handoff (to RN or BH)
3. If patient ready, referral to Specialty AOD Treatment

*Brief Intervention→3 to 5 MINUTES during the office visit, completed by provider

**Brief Treatment→3 to 5 SESSIONS outside of the office visit, completed by counselor