

# SBIRT:

Screening, Brief Intervention, and Referral to Treatment

## **ZONE I: Low Risk/Healthy** **[For ALCOHOL only]**

1. Reinforce healthy behavior
2. Brief Education
3. Feedback

## **ZONE II: Risky**

[For Alcohol and/or Drug use]

1. Brief Intervention (**FRAMES**)\*
2. Monitor progress

## **ZONE III: Harmful**

[For Alcohol and/or Drug use]

1. Brief Intervention (**FRAMES**)\*
2. Brief Treatment\*\*
3. Monitor progress

## **ZONE IV: Dependent**

[For Alcohol and/or Drug use]

1. Brief Intervention (**FRAMES**)\*
2. Brief Treatment\*\*
3. Referral to Specialty Tx
4. Monitor progress

## **Brief Intervention (FRAMES):**

**Feedback:** impact of use on health

**Responsibility:** for change is patient's

**Advice:** based on medical concern

**Menu:** of options for change

**Empathy:** don't judge/be kind

**Self-efficacy:** patients CAN change

1. MA Pends Referral for Alcohol/Drug Counseling (9068) *Provider signs referral or removes it*

2. Warm handoff (to RN or BH)

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2. Warm handoff (to RN or BH)

3. If patient ready, referral to Specialty AOD Treatment

\*Brief **Intervention** → 3 to 5 MINUTES during the office visit, completed by provider

\*\*Brief **Treatment** → 3 to 5 SESSIONS outside of the office visit, completed by counselor