BeST Center’s Mission

The mission of the Best Practices in Schizophrenia Treatment (BeST) Center in the Department of Psychiatry at Northeast Ohio Medical University (NEOMED) is to promote recovery and improve the lives of as many people with schizophrenia as possible by accelerating the adoption of evidence-based and promising practices. To achieve its mission, the BeST Center offers training, consultation and technical assistance to build the capacity of local systems to provide state-of-the-art care.

Research indicates that individuals who have been treated for schizophrenia with a combination of antipsychotic medications and psychosocial therapies can and do improve their lives. However, many people with schizophrenia do not have full access to proven treatments, and until they do, the overall quality of schizophrenia care will not improve. Advocating for the widespread adoption of effective mental health services is the BeST Center’s core strength.

BeST Practices

The BeST Center is developing and implementing the following practices:

- Integrated Primary and Mental Health Care
- FIRST, the early identification and treatment of psychosis
- Family-based Services
- Cognitive Behavioral Therapy for Persistent Psychosis (CBT-p)
- Pharmacotherapy for Schizophrenia
- Cognitive Enhancement Therapy

The BeST Center was established in NEOMED’s Department of Psychiatry in 2009 through an initial generous four-year grant from The Margaret Clark Morgan Foundation of Hudson, Ohio. The Margaret Clark Morgan Foundation awarded NEOMED a second, four-year grant to continue the work of the BeST Center in May 2013. The BeST Center also receives support from a variety of public and private funders. To learn more, please visit www.neomed.edu/bestcenter.