



CASE WESTERN RESERVE  
UNIVERSITY

MANDEL SCHOOL OF APPLIED SOCIAL SCIENCES  
& DEPT. OF PSYCHIATRY, SCHOOL OF MEDICINE

# Every journey has a story



## SUPPORTED EMPLOYMENT

*the evidence-based practice*

An audio project of the Ohio Supported  
Employment Coordinating Center of Excellence

[www.ohiosecco.case.edu](http://www.ohiosecco.case.edu)

# LISTEN



Artwork for CD jewel case.

# GIVE VOICE

People are hungry for stories, and audio taps into a primal need in all of us to be told stories and to tell them as well. They are comforting, engaging, entertaining, and encouraging.

With this in mind, we decided to produce this collection of audio success stories and take-home tips about Supported Employment (SE), the evidence-based practice, because so much of the work of mental health recovery is accomplished through listening as well as conversing. In fact, most of the work of recovery is accomplished because of conversations—between service providers and consumers; between consumers and their peers; between consumers and their family members; and among multidisciplinary service teams, advocates in local communities, and policy makers in county and state government. We hope this audio project will inspire more of this dialogue.

With this, our first audio effort, we decided to start close to home by interviewing the staff of the Ohio SE CCOE, as well as a few others with whom we've worked closely. Many tracks focus on our Peer Consultant Nicole Clevenger, who shares her own successful journey through work and recovery. In the near future, we hope to branch out to interview service providers, policy makers, consumers, and their family

members across the State of Ohio, so keep checking our web site for new audio projects and podcasts and join our mailing list for free e-news updates.

We encourage you to listen to this CD at your leisure and convenience, in whatever way works for you—in your car on the way to work or between appointments; at your desk in the office; at home preparing dinner or washing dishes; or during activities like walking, jogging, and biking. Use it not only to learn something new but also to be inspired and to discover that you are not alone in the work you do every day.

We encourage you to share this CD with others and to spread the news about SE throughout your community. Get the conversation started. Keep it going. And remember, there is only one requirement for a person to be included in an SE program—that is, the desire to work. For many folks, the desire is already there. They just need someone like you to encourage them to let it out.

—Paul M. Kubek, director of communications, & Matthew K. Weiland, senior writer, producer and new-media specialist, Ohio Supported Employment Coordinating Center of Excellence.

March 2008. Cleveland, Ohio.

**Supported Employment (SE)**, the evidence-based practice, helps people who have been diagnosed with severe mental illness find competitive jobs in their local communities with rapid job-search and placement services, as well as follow-along services.

The **Ohio Supported Employment Coordinating Center of Excellence (Ohio SE CCOE)** is a technical-assistance organization that helps service systems, service organizations, and direct-service providers implement the SE model with success.

(For more information, see the back cover.)



**“This job has taken me farther in my recovery than any other single thing I’ve ever done.”**

## TRACK 1

**Title:**  
**Featuring:**  
**Time:**  
**Interview by:**  
**Music by:**

### **Work Is Recovery**

Nicole Clevenger, BFA  
2:38  
Matthew K. Weiland and Paul M. Kubek

- The World and Mickey Hart (1991). *Island Groove*, from *Planet Drum*. Rykodisc Label.
- India Arie (2001). Video, from *Acoustic Soul*. Motown Label.

## TRACK 2

**Title:**  
**Featuring:**  
**Time:**  
**Interview by:**  
**Music by:**

### **The Most Important Work You’ll Ever Do**

Patrick E. Boyle, MSSA, LISW, LICDC  
2:38  
Matthew K. Weiland and Paul M. Kubek  
India Arie (2001). Video, from *Acoustic Soul*. Motown Label.

## TRACK 3

**Title:**  
**Featuring:**  
**Time:**  
**Interview by:**  
**Music by:**

### **What Is Your Dream Job?**

Mary Ann Hastings, MEd  
1:37  
Matthew K. Weiland and Paul M. Kubek  
Paul Simon (and Lady Smith Black Mambazo) (1986). *Homeless*, from *Graceland*. Warner Bros/Wea Label.

## TRACK 4

**Title:**  
**Featuring:**  
**Time:**  
**Interview by:**  
**Music by:**

### **You’re Not Working Why?**

Nicole Clevenger, BFA  
9:24  
Matthew K. Weiland and Paul M. Kubek  
Rusted Root (1992, 2003). *Back to the Earth*, from *Cruel Sun*. Touchy Pegg Label.

***“You have the power to be an influence and to convey belief and hope.”***

**TRACK**  
**5**

**Title:** **Work Is Hope: Voc Rehab Supports Recovery**  
**Featuring:** Leslie Alloway, MEd, CRC, LPC  
**Time:** 2:53  
**Interview by:** Matthew K. Weiland

**TRACK**  
**6**

**Title:** **Wanting Something to Look Forward To**  
**Featuring:** Nicole Clevenger, BFA  
**Time:** 6:03  
**Interview by:** Matthew K. Weiland and Paul M. Kubek  
**Music by:** The World and Mickey Hart (1996). Sangre De Cristo, from *Mickey Hart's Mystery Box*.

**TRACK**  
**7**

**Title:** **That was the Feeling I was Missing**  
**Featuring:** Nicole Clevenger, BFA  
**Time:** 4:37  
**Interview by:** Matthew K. Weiland and Paul M. Kubek  
**Music by:** The World and Mickey Hart (1996). Down the Road, from *Mickey Hart's Mystery Box*.

**TRACK**  
**8**

**Title:** **The Cheese Wall— An SE Success Story**  
**Featuring:** Steve Shober, BS, LSW  
**Time:** 6:44  
**Interview by:** Matthew K. Weiland and Paul M. Kubek



“There are things you can do everyday [with benefits planning] without having to become a benefits counselor.”

TRACK  
9

Title:

**The Beginning of the Beginning for Me**

Featuring:

Nicole Clevenger, BFA

Time:

4:24

Interview by:

Matthew K. Weiland and Paul M. Kubek

Music by:

India Arie (2001). Promises, from *Acoustic Soul*. Motown Label.

TRACK  
10

Title:

**I Like Your Earrings**

Featuring:

Nicole Clevenger, BFA

Time:

6:15

Interview by:

Matthew K. Weiland and Paul M. Kubek

Music by:

Rusted Root (1992, 2003). Send Me on My Way, from *Cruel Sun*. Touchy Pegg Label.

TRACK  
11

Title:

**Motivational Interviewing—A Quick Tutorial**

Featuring:

Patrick E. Boyle, MSSA, LISW, LICDC

Time:

4:24

Interview by:

Matthew K. Weiland and Paul M. Kubek

TRACK  
12

Title:

**Benefits Planning—Keeping Your World Glued Together**

Featuring:

Nicole Clevenger, BFA

Time:

4:25

Interview by:

Matthew K. Weiland and Paul M. Kubek

Music by:

Pink Floyd (1973, 1993). Money, from *Dark Side of the Moon*. Capitol Label.

***“The numbers are important,  
but benefits planning is not  
just an information job.  
It’s a relationship job.”***

**TRACK  
13**

**Title:** **Building Relationships through Benefits Planning**  
**Featuring:** Steve Shober, BS, LSW  
**Time:** 3:11  
**Interview by:** Matthew K. Weiland and Paul M. Kubek

**TRACK  
14**

**Title:** **Benefits Planning Take-Home Tips**  
**Featuring:** Steve Shober, BS, LSW  
**Time:** 4:11  
**Interview by:** Matthew K. Weiland and Paul M. Kubek  
**Music by:**

- Otha Turner (1998). Short’Nin’/Henduck, from *Everybody Hollerin’ Goat*. Birdman Label.
- Will Smith (1997). Gettin’ Jiggy Wit It, from *Big Willie Style*. Sony Label.

**TRACK  
15**

**Title:** **A Happy Mommy**  
**Featuring:** Nicole Clevenger, BFA  
**Time:** 3:56  
**Interview by:** Matthew K. Weiland and Paul M. Kubek  
**Music by:** The World and Mickey Hart (1996). Look Away, from *Mickey Hart’s Mystery Box*.

# Every Journey Has a Story



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EMPLOYMENT**  
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<b>Producer:</b>	Matthew K. Weiland
<b>Associate Producer:</b>	Nicole Clevenger
<b>Executive Producer:</b>	Paul M. Kubek
<b>Written by:</b>	Paul M. Kubek, Matthew K. Weiland, and Nicole Clevenger
<b>Post Production Consultant:</b>	Jim Tighe
<b>Graphic Design:</b>	David Cravener, Cravener   Holmes Creative, Sullivan, Ohio
<b>Booklet Printing:</b>	Gene Boron, printing rep., Master Printing, Cleveland, Ohio

**To cite this resource, please use the following format:** Ohio SE CCOE (2008). [Track #, Track name, Feat. (person interviewed)]. Every Journey Has a Story (Audio Project). Cleveland, Ohio: Center for Evidence-Based Practices, Case Western Reserve University.

[www.ohioseccoe.case.edu/library/resource.cfm?resourceid=155](http://www.ohioseccoe.case.edu/library/resource.cfm?resourceid=155)

## ABOUT US

The Ohio SE CCOE is a technical-assistance organization that promotes knowledge development and the implementation of evidence-based practices (EBPs) for the treatment and recovery of people with severe mental illness. The SE CCOE helps service systems, organizations, and providers implement and sustain the Supported Employment (SE) model, maintain fidelity to the model, and develop collaborations within local communities that enhance the quality of life for consumers and their families. The SE CCOE provides these services:

- Service systems consultation
- Program evaluation (fidelity and outcomes)
- Program consultation
- Research
- Clinical consultation
- Training

## TRAINING, CONSULTING, EVALUATION

Our consultants, trainers, and evaluators are experienced administrators, service providers, and researchers who offer personal attention and customized training and consultation throughout the implementation process. We understand that every service system and organization exists within a unique social, political, and economic context. Therefore, we work closely with you to adapt SE to the unique culture of your community and, at the same time, to achieve high fidelity to the model.

Ver. 2008-03-06

The Ohio Supported Employment Coordinating Center of Excellence (Ohio SE CCOE) is a program of the Center for Evidence-Based Practices at Case Western Reserve University, which is a partnership between the **Mandel School of Applied Social Sciences** at Case and the **Department of Psychiatry at the Case School of Medicine**. The partnership is in collaboration with and supported by the **Ohio Department of Mental Health** and the **Ohio Rehabilitation Services Commission**.

## CO-DIRECTORS

- Lenore A. Kola, Ph.D., Associate Professor of Social Work, Mandel School of Applied Social Sciences
- Robert J. Ronis, M.D., MPH, Douglas Danforth Bond Professor and Chairman, Department of Psychiatry, Case School of Medicine



## RESOURCES

Deborah R. Becker & Robert E. Drake (2003). *A Working Life for People with Severe Mental Illness*. New York: Oxford University Press.

Supported Employment (SE), the evidence-based practice, was originally designed by Becker and Drake and their colleagues at the Psychiatric Research Center of Dartmouth Medical School. . . . For more SE resources, consult our online tools-library:

[www.ohioseccoe.case.edu/library](http://www.ohioseccoe.case.edu/library)

**Audio tracks from this CD and this booklet may be downloaded from our web site by following the hyperlink below. An order form for additional printed copies of this booklet and CD may also be obtained online:**

[www.ohioseccoe.case.edu/library/resource.cfm?resourceid=155](http://www.ohioseccoe.case.edu/library/resource.cfm?resourceid=155)



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**Build trust**  
**Improve outcomes**  
**Promote recovery**

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Art for CD jewel case on next two pages.



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Use the crop marks to cut this art to size.

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2. **The Most Important Work You'll Ever Do**, Featuring Patrick E. Boyle | 2:38
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**Executive Producer:** Paul M. Kubek

**Written by:** Paul M. Kubek, Matthew K. Weiland, and Nicole Clevenger

**Post Production**

**Consultant:** Jim Tighe

**Graphic Design:** David Cravener, Cravener | Holmes Creative, Sullivan, Ohio

**Booklet Printing:** Gene Boron, printing rep., Master Printing, Cleveland, Ohio

## MORE INFORMATION

For more information about this audio project, including citations of music, consult this page of our web site:

[www.ohioseccoe.case.edu/library/resource.cfm?resourceid=155](http://www.ohioseccoe.case.edu/library/resource.cfm?resourceid=155)



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