# Implementing IDDT

## A step-by-step guide to stages of organizational change

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<td>Preparation</td>
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### Stage 1: Pre-Contemplation
- **Check It Out**
- **Conduct a Needs Assessment**
- **Identify Awareness of Available Options**
- **Identify Current Practices and Rationales**
- **Examine Your Mission, Values, Goals, and Vision**

### Stage 2: Contemplation
- **Begin the Change Process**
- **Identify Stakeholders**
- **Build Consensus**
- **Create Your IDDT “Champions”**
- **Identify Financial Resources**

### Stage 3: Preparation
- **Conduct Awareness of Available Options**
- **Examine Your Mission, Values, Goals, and Vision**
- **Decide to Implement or Not**
- **Recruit a Team Leader**
- **Plan to Start Small**

### Stage 4: Action
- **Conduct a Baseline Fidelity Review**
- **Develop Stage-Wise Interventions**
- **Acquire and Integrate Training**
- **Engage in Clinical Consultation**
- **Provide Stage-Wise Interventions**

### Stage 5: Maintenance
- **Maintain Oversight**
- **Monitor Fidelity**
- **Monitor Outcomes**
- **Network with Others**
- **Provide Ongoing Training**
- **Engage in Ongoing Consultation**
- **Expand IDDT Services**
- **Transform the Organizational Culture**

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**AT-A-GLANCE**

**INTEGRATED DUAL DISORDER TREATMENT**

the evidence-based practice

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Excerpted from the following:


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