IT HAPPENS

We hang-in there with you during all of the ups and downs of recovery.

We understand

We will not . . .
• give you the run-around,
• yell at you,
• or kick you out of treatment.

We make it possible for you . . .
• to talk confidentially
• to the same person
• about both issues
• during the same appointment
• in the same building.

RECOVERY TAKES TIME

• Our counselors will listen to you.
• You determine the pace of your treatment.
• We work together—to help you manage your symptoms and gradually achieve remission and recovery.

More Information
✓ Over 50 percent of people in the United States who have severe symptoms of mental illness also use alcohol or other drugs.
✓ This is often called “co-occurring disorders,” “dual disorders,” “dual diagnosis,” or “SAMI” (substance abuse and mental illness).
✓ People who have a mental illness and use alcohol or other drugs tend to experience the following difficult circumstances:

- Psychiatric episodes
- Use, abuse, and relapse to use of alcohol and other drugs
- Hospitalization and emergency room visits
- Relationship difficulties
- Violence
- Suicide

- Arrest and incarceration
- Unemployment
- Homelessness
- Infectious diseases, such as HIV, hepatitis, and sexually transmitted diseases
- Complications resulting from chronic illnesses such as diabetes and cancer

Mental illness and substance abuse occur in this community, too.

We use the Integrated Dual Disorder Treatment (IDDT) approach to help residents of this community manage their symptoms of mental illness and their substance use/abuse. IDDT is an evidenced-based practice. This means that research shows it works. More and more service organizations throughout the United States are using integrated treatment.

IDDT Decreases
- Duration, frequency, and intensity of mental and substance use disorder symptoms
- Hospitalization
- Arrest and incarceration
- Duplication of services
- Treatment drop-out
- Utilization of high-cost services

IDDT Increases
- Abstinence from use of alcohol and other drugs
- Continuity of care
- Improved relationships
- Consumer quality-of-life
- Stable housing
- Independent living

We provide the best treatment approach available in the country.

We utilize a variety of treatments to make sure there are options that work for you. Some examples include the following:

- Outreach/case manager services
- One-on-one counseling
- Group counseling
- Self-help groups
- Family services
- Medication services
- Medical check-ups
- Housing services
- Employment services

One step at a time—together.

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